

# **FRANK J.M. COLARUSSO, D.O**

## ***Physical Medicine & Rehabilitation***

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As a specialist in Physical Medicine and Rehabilitation, I provide comprehensive outpatient non operative Musculoskeletal and Sports medicine services. I have provided acute and sub-acute levels of inpatient care and consultations. My primary areas of expertise include Spine and SI joint dysfunction, Electromyography, Musculoskeletal and Sports Medicine, Osteopathic Manual Manipulation, Acute and Chronic Pain Management, Peripheral Joint and Soft Tissue Injections, Ultrasound Guided Injections (Prolotherapy and PRP) and Peripheral Nerve Blocks.

BOARD CERTIFICATIONS: I am double board certified in PM&R from the American Osteopathic College of PM&R and American Board of PM&R with recent recertification of both boards and hold active state licensures in NJ, NY and PA.

### **Experience**

Mercer-Bucks Orthopaedics, P.C. - Private practice in NJ and PA 2006 to Present  
Physical Medicine and Rehabilitation

Partners Health Care System - Shaughnessy-Kaplan Rehabilitation Hospital  
**Staff Physician - Attending Physiatrist** 2004-06

University PM&R Associates, State University of New York at Buffalo 2002-04  
**Staff Physician – Attending Physiatrist**

*Private:* Industrial Medicine Associated, P.C., – White Plains, NY 2002  
**Physiatrist**, Independent Medical Examinations

Rockland Orthopedics and Sports Medicine, P.C., Monsey, NY. 2001  
**Physiatrist**, Sports Medicine and Rehabilitation

*Research:* Boston Rehabilitation Medicine Associates, Inc. 2001  
**Independent Consultant**, Spinal Cord Injury Research Grant

Boston University, Boston Medical Center, Boston, MA. 2000  
**Physiatric Physician**, Dept. of Physical Medicine and Rehabilitation

*Residency:* Boston University, Boston Medical Center, Boston, MA. 2000  
**Chief Resident**, Department of Physical Medicine and Rehabilitation  
BMC & VA Diplomas in Physical Medicine and Rehabilitation

*Internship:* New York College of Osteopathic Medicine, Union, NJ. 1997  
AOA Certified Internal Medicine Tracked Rotating Internship

*Medical School:* Philadelphia College of Osteopathic Medicine, Philadelphia, PA. 1996  
Doctor of Osteopathic Medicine and Surgery

*College:* Rider University, Lawrenceville, NJ. 1992  
Bachelor of Science in Biology, *cum laude*

**Physiatrist Mercer-Bucks Orthopaedics, P.C.** July 2006- Present

- Musculoskeletal and Sports Medicine
- Electromyography and Peripheral Nerve Blocks
- Ultrasound Guided Injections, PRP, Prolotherapy
- Acute and Chronic Pain Management
- Osteopathic Manual Therapy Services
- IME, Narrative Reports and Expert Medical Witness
- Comprehensive Inpatient and Outpatient Consultative Services

**Shaughnessy-Kaplan Rehabilitation Hospital** July 2004 - June 2006

- Inpatient General PM&R, EMG and Consultative Services
- Outpatient clinics including Musculoskeletal, Spine and Sports Medicine
- Osteopathic Manual Medicine
- Orthotics and Prosthetics
- Acute and Chronic Pain Management

**University at Buffalo, The State University of New York** – July 2002 - June 2004

- Academic Faculty Member - Staff Physiatrist – Erie County Medical Center
- Inpatient Consultation Service
- Electromyographic Service
- The Center for Pain Management – Acute and Chronic Pain
- Sports and Musculoskeletal Medicine Clinics
- IME's and Expert Medical Witness
- On call coverage for Erie County Medical Center and Buffalo General Hospital

**Industrial Medicine Associates, PC** – March 2002 – June 2002

- Independent Medical Examinations and Disability Determinations

**Rockland Orthopedics and Sports Medicine** – September 2001 – February 2002

- Private practice involving Musculoskeletal and Sports Medicine
- Acute and Chronic Neck and Back Pain
- Osteopathic Manual Medicine and Manipulation
- Injection Therapy – Trigger Point and Joint Injections
- Myofascial Pain Syndromes, Fibromyalgia, TMJ, Headaches
- Electromyography
- Inpatient Subacute and Nursing Home Consultations
- Overview of Physical Therapists and Rehabilitation Programs

**Employment gap** - looking for employment and obtaining state medical licensure - January 2001-September 2001

**Independent Consultant** – October 2000- January 2001

**Spinal Cord Injury Research Grant – Boston Rehabilitation Associates, Inc.**

- Internet and Research Searches
- Literature Reviews in Spinal Cord Injury
- Academic meetings with Research Clinician
- Teleconferencing with Medical Director
- Equipment and Experimental Design
- Proposal for Animal Control Board
- Protocol and Procedures for Research Pilot

**Physiatric Physician** – July 2000 – October 2000

**Boston Medical Center – Department of Physical Medicine and Rehabilitation**

- Attending level of responsibility
- Coverage of services for attending physicians waiting for state licensure
- Education of Rehabilitative Staff
- Interviewing Candidates and Orientation of Residents to Clinical Service

**Residency** – July 1997 – June 2000; **Chief Resident** July 1999-June 2000

**Boston Medical Center – Department of Physical Medicine and Rehabilitation**

- Liaison between Dean, faculty, residents, university and medical center
- Coordinate rotations, call scheduling, didactic sessions and guest lectures
- Organize resident orientation program and manual with the Program Director
- Attend faculty meetings and interview resident candidates
- Available 24 hours / 7 days a week for emergent call coverage
- Sports medicine coverage for National Champion Collegiate Athletics
- Performance arts medicine coverage for the Boston Ballet and Orchestra

**Internship** - July 1996 - June 1997

American Osteopathic Association Approved Rotating Internship

New York College of Osteopathic Medicine Affiliate

Internal Medicine Track - St. Barnabas HCS

Union Hospital, 1000 Galloping Hill Rd., Union, NJ

**Medical Student** - August 1992 - June 1996

**Philadelphia College of Osteopathic Medicine**

- Associate Class Chairperson
- Sports Medicine Club Founder, President and Faculty Liaison
- Assistant Head Athletic Trainer for Saint Joseph's University
- Home health aide for Alzheimer's patient
- Manual manipulative therapy for family practice service
- Rehabilitation of professional athletes in Orthopedic Clinic



